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## **Education**

Postgraduate, Anadolu University, SAĞLIK BİLİMLERİ ENSTİTÜSÜ, Turkey 2018 - 2019

Undergraduate, Anadolu University, AÇIKÖĞRETİM FAKÜLTESİ, Turkey 2016 - 2019

Undergraduate, Anadolu University, Spor Bilimleri Fakültesi, Turkey 2014 - 2017

Undergraduate, Ondokuz Mayıs University, Yaşar Doğu Faculty Of Sports Sciences, Department Of Physical Education And Sports, Turkey 2013 - 2017

## **Journal articles indexed in SCI, SSCI, and AHCI**

- I. **0.2.3-9 The working shifts & physical literacy factors associated with physical activity level in various settings among nurses: preliminary results**  
Coskun N., Ucar D. E., Yildizer G.  
EUROPEAN JOURNAL OF PUBLIC HEALTH, 2023 (SCI-Expanded)
- II. **Disability Type and Constraints to Leisure-Time Physical Activity in Türkiye**  
UÇAR D. E., Yildizer G., YILMAZ İ.  
JOURNAL OF PHYSICAL ACTIVITY & HEALTH, no.5, pp.411-417, 2023 (SSCI)

## **Articles Published in Other Journals**

- I. **8-Week Online Fitness Intervention on Muscle Strength, Flexibility, Body Composition and Physical-Self Perception: A Randomized Controlled Trial**  
YILDIZER G., ÖZER F. F., ÖZBÖKE C., Söğüt B., Şafak D., UÇAR YILDIZER D. E.  
Pamukkale Spor Bilimleri Dergisi, vol.15, no.2, pp.328-348, 2024 (Scopus)
- II. **DIFFERENCES IN PERCEIVED PHYSICAL ACTIVITY CONSTRAINTS BETWEEN TURKISH AND 4TH GENERATION TURKISH-GERMAN YOUNG ADULTS**  
Yilmaz M., Yildizer G., UÇAR D. E., YILMAZ İ.  
KINESIOLOGIA SLOVENICA, no.2, pp.103-118, 2023 (ESCI)
- III. **Examination of Teacher Candidates' Attitudes Towards Special Needs Individuals in Terms of Teaching Branches and Genders: The Case of Anadolu University**  
UÇAR D. E., YILDIZER G., ÖZBÖKE C., YILMAZ İ., KOCAEKŞİ S.  
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.6, no.1, pp.1-13, 2021 (Peer-Reviewed Journal)
- IV. **Validity and Reliability of Leisure Time Physical Activity Constrains Scale-Disabled Individuals Form (LTPAC-DIF)**  
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**V. EXAMINATION OF TEACHER CANDIDATES' ATTITUDES TOWARDS SPECIAL NEEDS INDIVIDUALS IN TERMS OF TEACHING BRANCHES AND GENDERS: THE CASE OF ANADOLU UNIVERSITY**

Uçar D. E., Özböke C., Yıldizer G., Yılmaz İ.

İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi , vol.6, no.1, pp.1-13, 2019 (Peer-Reviewed Journal)

**VI. Attitudes of teacher candidates studying in physical education and alternative teacher certification programs towards teaching profession**

Yıldizer G., Yılmaz İ., Solmaz D. Y., Şimşek D., Uçar D. E.

Universal Journal of Educational Research, vol.6, no.11, pp.2641-2646, 2018 (Scopus)

## **Papers Presented at Peer-Reviewed Scientific Conferences**

**I. Perceived Physical Activity Barriers by Community-Dwelling and Older Adults in Assisted Living Facilities: Preliminary Results**

YILDIZER G., UÇAR YILDIZER D. E.

10th ISPAH Congress, Paris, France, 28 - 31 October 2024, (Summary Text)

**II. The Impact of Education and Gender on Perceived Physical Activity Constraints among Community-Dwelling Older Adults**

YILDIZER G., UÇAR YILDIZER D. E.

EGRAPA Conference 2024, Kaunas, Lithuania, 18 - 19 April 2024, (Summary Text)

**III. Effect of 8-Week Online Physical Fitness Intervention on Musckle Strenght, Flexibility, and Body Composition**

Yıldizer G., Özer F. F., Özböke C., Söğüt B., Şafak D., Uçar D. E.

20th International Sports Sciences Congress, Antalya, Turkey, 28 November 2022 - 01 December 2023, pp.681-682, (Summary Text)

**IV. The Thin Barriers to Physical Activity of the Aged 65-75 Years Old in Terms of Gender**

UÇAR D. E., YILDIZER G.

20th Sport Sciences Congress., Antalya, Turkey, 28 November 2022

**V. The Gender Differences of the Perceived Barriers to Physical Activity Among Individuals Aged 65-75 Old**

Uçar D. E., Yıldizer G.

20th International Sports Sciences Congress, Antalya, Turkey, 28 November - 01 December 2022, pp.988-989, (Summary Text)

**VI. Does Disability Type Differentiate the Perceived Leisure-Time Physical Activity Barriers?**

Uçar D. E., Yıldizer G., Yılmaz İ.

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**VII. Importance of the Same Gender Parental Support on Physical Activity and Physical Self Among Adolescents**

Yıldizer G., Dilaver T., Uçar D. E.

9th International Society for Physical Activity and Health (ISPAH) Congress, Abu Dhabi, United Arab Emirates, 23 - 26 October 2022, pp.131

**VIII. Importance of Educational Attainment and Sport Participation on Physical Literacy of Visually Impaired Individuals**

Uçar D. E., Yıldizer G.

17th Sport Sciences Congress , Antalya, Turkey, 13 - 16 November 2019, pp.777

**IX. Importance of Educational Attainment and Sport Participation on Pshysical Literacy of Visually Impaired Individuals.**

UÇAR D. E., YILDIZER G.

17th Sport Sciences Congress, Antalya, Turkey, 13 November 2019

- X. **Farklı Branşlardaki Öğretmen Adaylarının Özel Gereksinimli Bireylere Yönelik Tutumları Arasında Fark Var Mıdır" Anadolu Üniversitesi Örneği**  
Uçar D. E., Yıldız G., Özböke C., Yılmaz İ., Kocaekşi S.  
I. International Congress of Physical Education, Sport, Recreation and Dance. Turkey: Nişantaşı University, İstanbul, Turkey, 26 - 28 April 2018, pp.340
- XI. **Beden Eğitimi ve Spor Öğretmenliği Bölümü Öğrencilerinin Yetersizlikten Etkilenmiş Kişilere Yönelik Tutumları.**  
Uçar D. E., Özböke C., Yıldız G., Yılmaz İ.  
The International Balkan Conference in Sport Science. Turkey: Uludağ University, Bursa, Turkey, 21 - 23 May 2017, pp.642

## Metrics

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